

Really nice to meet you all

and, great to talk about the topic of vaccination.

This is a subject that I find really interesting as well.

It's about children and vaccinations and immunisations,

and it's a topic I'm interested in.

Many of the mums around the table

have shared some concerns around immunisations.

And I think one of the questions

that came up last time was like, what do they have in it?

Why do we need to have all our imms at one time?

That's a really good question.

And, uh, nowadays there are so many immunisations,

it's quite hard to keep track of them, aren't they?

Um, I'm sure many of your children have the red book,

so sometimes it's a good visual to have a look at it, to see

what age they need it, what they need it for.

They're all safe. They've looked into it.

They get a set at eight weeks, 12 weeks, and 16 weeks,

and they've timed it in a way

to give your child the best kind of boost

and immunisation protection.

And one of the first vaccinations babies get is called the 6-in-1.

And they've done lots of scientific research on these, and they're trying to get as many into one so that you get it all done in one go.

Otherwise, imagine going in for every single one of those. It's not going to be very nice for you or your child.

So how old is he?

10 months. 10 months.

So did he have all the immunisations?

Yes. Immunisation all fine.

Now we are waiting for the one year. Okay.

Yeah. So that would be for the measles. Yeah

After the birth, this is also I give one.

Yeah, he's all set up well protected. Yeah.

Please contact your GP if your child has missed any of their vaccinations or if you have any concerns.

The 6-in-1 vaccine helps protect your baby against six serious diseases. Diphtheria, tetanus, whooping cough (pertussis), polio, HIB (Haemophilus influenzae type b) and hepatitis b.

The BCG vaccine protects your child from TB (Tuberculosis).

We're here to give you the information you need to make the right decision for you and your family.

Find out more on our website or speak to your GP or health visitor.